

Update from Antonia Gorog: Asri's conservation director:

Dear friends and supporters,

There are two kinds of footprints: the good kind, and the bad kind. The good kind includes crisp, clean footprints on a smooth sandy beach and, for a biologist like me, the tracks of cool and rare animals, like tigers, along a river bank. The bad kind includes footprints in freshly-poured cement (especially if you're the one who just spread the cement) and elephant tracks through your rice field.

The worst kind of all is the carbon footprint, a big black smudge across the air we breathe. We all leave these prints behind, just through the acts of daily living.

What if you could balance the negative effects of your own personal smudge – your carbon footprint - by supporting efforts that will lead to cleaner air for us all?

Health In Harmony is collecting funds to help the Alam Sehat Lestari (ASRI) program in West Kalimantan, Indonesia initiate **reforestation efforts in Gunung Palung National Park**. Gunung Palung is an important watershed for



local people, a haven for wild orangutans, and one cog in the natural mechanism that keeps the planet's air clean. But the park has lost vast areas of forest in the last three decades to illegal logging and wildfires. This month, ASRI is beginning to replant these degraded areas, working together with local communities and the national park office. This first year's project is a small-scale effort on four hectares - it will enable ASRI to test methods and refine strategies for replanting larger areas over the years to come.

If you're interested in offsetting your carbon footprint by supporting reforestation of Gunung Palung National Park or, if you just want to help plant some trees, please visit our website at www.healthinharmony.org/reforestation.html.

On our reforestation page, you'll find a **carbon calculator** that will help you estimate the size of your own black smudge by taking into account factors like your household energy usage, car trips and air travel. Then, with a few simple steps, **you can make a donation to offset some or all of your carbon production**. Please help Health In Harmony support ASRI's reforestation



initiative!

On another note, thank you for your concerned notes after the recent earthquakes in Indonesia. Fortunately the island of Borneo is very stable geologically and rarely has earthquakes. While Sumatra dealt with its earthquake crisis, we continued to deal with West Kalimantan's own crisis of poor health and environmental destruction. Last week we had seven inpatients, with facilities only for three. We housed a boy with malaria on the floor of ASRI's lab, a man with elephantiasis on a mattress placed on the clinic porch, a baby on oxygen in the dental chair, and a woman who had had a stroke across the street in the home of her distant relatives. We're in great need of more space, and we're excited that our hospital designs are progressing beautifully at Georgia Tech College of Architecture. We aim to start building in July 2010, and we hope you'll help us make that a reality! Stay tuned for news about how you can help ASRI to grow.



Your support for Health In Harmony is an essential part of improving local health and livelihoods in a remote corner of Borneo, protecting the rainforest habitat of orangutans, and helping keep our air clean. Many thanks!

Best wishes,

Antonia Gorog

ASRI Conservation Director